

COOK FOR KIDS



greater minneapolis
crisis nursery



THREE WAYS TO HELP

1. **SHOPPER:** grab up to 5 friends, bring groceries, prepare & serve a meal for 30 people.
2. **CHEF:** Keep it simple – with your donation, we find a fun recipe and provide the food. You simply show up & cook!
3. **SPONSOR:** Sponsor a meal & we'll take care of everything, cooking a meal in your honor.

HAVE FUN & FILL LITTLE TUMMIES



SIGN UP ONLINE:
[CRISISNURSERY.ORG/CFK](https://www.crisisnursery.org/cfk)

- Times include
- prep & clean up
- Breakfast 7-9am
- Lunch 11-1pm
- Dinner 4-6pm