



STRONGER FAMILIES, BRIGHTER FUTURES

YOU'RE MAKING IT HAPPEN

Your generosity allows these programs to continue. You are now part of a compassionate and generous community of people who joined the Crisis Nursery in the bold mission to end child abuse and neglect and create strong, healthy families.

Thank you for taking an important step and joining the Nursery to support our community's most vulnerable children and families. Together, we can brighten the future!







LET'S DO MORE

GOOD TOGETHER

We're thrilled that you've joined the Nursery family! While this packet gives you a glimpse of the impact your generosity has made, there's nothing like seeing it up close. Check out CrisisNursery.org to learn how you can get more involved, including:

- Join us at the Nursery for a tour and see our programs in action
- Check out the full list of volunteer opportunities to find one that's right for you
- Attend one of our annual events
- · Follow us on social media



> GreaterMinneapolisCrisisNursery



> @FollowGMCN



> Greater Minneapolis Crisis Nursery

SUPPORTING A COMMUNITY IN NEED

For over 35 years, the Crisis Nursery has been a staple of the community, working to end child abuse and neglect and create strong, healthy families.

The Nursery focuses on preventing child abuse and neglect by providing free, voluntary services for families in crisis. Many families face multiple obstacles like poverty, homelessness, domestic violence, or other difficult situations, reducing their connection to much-needed resources and support.

We help strengthen families by connecting them to resources, caring for their children during difficult times, and setting goals that increase self-sufficiency and make the relationship between the parent and child stronger.

HELP HAPPENS HERE

A trusted resource in times of crisis, the Nursery provides:

24-Hour Crisis Helpline: Trained advocates provide crisis counseling and referral services every hour of every day. Advocates help educate parents in stress management, crisis resolution, child development, and healthy parenting techniques.

Overnight Care: The Nursery cares for children, ages newborn through six, for up to three consecutive nights while their parents address a crisis in their lives.

Home Visiting: Social workers provide intensive, in-home supports to families facing multiple barriers to self-sufficiency.

Adult Mental Health Services: Our Master's-Level Clinicians assist parents with anxiety, depression, post-traumatic stress disorder, substance abuse, and other diagnoses related to their own childhood trauma.



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INVITING FAMILIES TO COME AS THEY ARE, COURAGEOUSLY SHARE THEIR STORY, AND TRUST THAT TOGETHER, WE WILL PARTNER ON THEIR JOURNEY.

YOUR IMPACT

When you give to the Nursery, you're providing support for children and families during their time of critical need. Here's how donors like you supported our community's most vulnerable children and families last year.

3,618 crisis calls managed

1,936 💆 referrals provided to families 38 families and **86** children served through home visiting



1,313 🕌 🦂 times families received crisis

counseling



children from 286 families stayed at the Nursery

times children were tucked into bed at the Nursery



WHO WE SERVE

92%



of parents/guardians are single parenting

of parents/guardians placing their children at the Nursery are female

79%



of families report an annual income of \$10,000 or less

40%



of Crisis Nursery families experienced homelessness



of parents/quardians experienced abuse or neglect as a child



of parents/guardians have an education level of GED/high school diploma or less



CARING RELATIONSHIPS

One of our core principals, The Nursery Way™, is a non-judgmental, relationship building approach aimed to empower parents to become better-equipped to provide for themselves and their children. Whether it's assisting parents in developing new techniques to reduce stress, connecting to community resources, or implementing plans to keep their families safe, the relationships built between staff, parents, and children are all frameworks for developing resilience, empathy, and trust.

Together, we help to strengthen the parent-child bond by educating parents about their child's developmental needs and by teaching children how to cope with stress and ask adults for help.



of parents report the Crisis Nursery helped them alleviate their crisis **97**%



of parents learned new techniques to reduce stress

94%



of parents report having someone to talk to when they need support (including the Nursery)



of parents gained knowledge + skills to access community resources and meet their family's basic needs



of parents reported the Crisis Nursery helped them gain better understanding of child development



of parents reported they have strategies in place to keep themselves and their families safe

HELPING FAMILIES THRIVE

At the Crisis Nursery, we focus our attention on helping children develop social and emotional competencies and ageappropriate coping skills. We also work with parents to better understand their child's social and emotional needs and assess their development. The combination of knowledge, increased parenting skills, and support from Nursery staff can help families thrive during everyday circumstances and persevere during times of stress or crisis.